

# Pickering Community Infant & Nursery School

## School Newsletter No 17

28th May 2021



### VEG POWER!

The health benefits of us all eating a variety of fruit and vegetables every day are huge! But “I don’t like vegetables” is a phrase commonly heard from children around tables across the country! It is believed that as few as 20% of children and 28% of adults eat the recommended minimum of five portions of fruit and vegetables every day, which has long term health implications for us all.

It is not always easy to get children interested in vegetables but what can we do about this? Some top tips include; Getting children involved in preparing them; Getting children to grow their own fruit and vegetables; Don’t use food as a reward, for example, don’t offer pudding as a ‘treat’ if children eat their vegetables—this demonises the vegetables; As tempting as it is, try not to ‘disguise’ or ‘hide’ vegetables in meals—if children find out they may not trust what’s in their next meal and they need to develop an understanding of what they’re eating and why.

After half term, we will be taking part in the national ‘Veg Power’ campaign to encourage children to try or eat more fruit and vegetables. Despite being a fruit, tomatoes are going to be our focus for the first week back of term! This will run across next half term with a different fruit or vegetable taking centre stage each week. Something has come over our fruit and vegetables and they’re trying to take over our kitchen! We will be asking the children to help return things to normal by eating as many fruit and vegetables as they can in order to restore each fruit or vegetable’s super powers!

Find some great veg recipes at <https://vegpower.org.uk/recipes/>



LET’S POWER UP OUR KIDS WITH VEG

# VEGPOWER

### Handouts

#### Email:

- \* Packed lunch policy
- \* Further PANTS information—Year One only

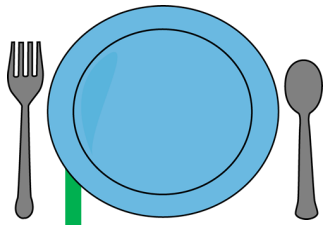
#### Hard copies:

- \* Special Diet Registration Process letter—individual pupils
- \* Transport letters—Transport children only
- \* Club letters—KS1 only

### Attendance News

Congratulations to Hedgehog Class who have achieved **98.5%** attendance for this half term.





## School Meals

Due to large numbers we can only cater for children having school lunches every day or packed lunches every day, not a combination of the two. If your child currently has a school dinner and wishes to bring a packed lunch from home, or vice versa, **one week's notice must** be given to the office. All packed lunches should comply with the school's Packed Lunch policy, copy attached to ParentMail. Your understanding in this matter is greatly appreciated.

## Special Diet Registration Process (SD1 form)

Following a review of food allergen/special diets management and awareness by LACA (the UK's education catering body, commonly referred to as The School Food People), who work with the Government to develop a special diet request risk assessment and process advice, an updated version of our Special Diet Request Form (SD1 Form) is being introduced. This will be a **mandatory requirement from September 2021**. In preparation for September pupils already identified within this criteria will have brought home the updated form for completion. Please can we ask that these are completed and returned to the school office as soon as possible. If a meeting should be required as part of this process you will be contacted to arrange a convenient time to meet with our school cook. If you have not

received a letter but your child has special dietary requirements and will still be attending our school in September 2021 please contact the office on 01751 472620.

## Correspondence

Correspondence, reply slips etc can be sent into school with your child to be placed in the class basket which will then be sent to the office for actioning. Should any correspondence for the office contain personal information please post through the main letterbox in the front door of school. For larger items please put in the green box outside the main door. Thank you.



## Diary Dates Sheet

This would usually be sent out to you with the last school newsletter of the half term. However, due to the ever changing government guidance for schools this will be sent out as soon after the half term as we can, once guidance for activities and events have been clarified.



## Parking reminder

Thank you to the huge numbers of parents who park considerably and legally outside our school.



The bus lane is a **no parking zone** at any time of the day and if parking wardens were to see parked cars there, they would issue a parking ticket. Should parents choose to park there during the day, this is at their own risk.

However, I must ask that before and after school, under no circumstances should anyone park in the bus lanes, for any reason. The bus lane is needed for the five buses and taxis that arrive between 8.30 and 9am and between 3.10 and 3.40pm.

At **no time** during the school day should anyone park across the staff car park entrance or in the staff car park to drop off or collect children.

### Sports Day



All being well (weather dependant) we will be holding our annual sports day this afternoon. We will be following guidance, keeping our class bubbles at least two metres apart but will be using all of the space on our school field to join together to watch each other race.

### Plastic Bottles

Our Arts Week at the start of next half term will have a mindfulness theme with a 'connect' focus. We will be

connecting through a music day with Mrs Durant and will be using a variety of drama activities to support our learning throughout the week. As part of this, we will need a number of 500ml, clear, clean empty plastic bottles. Please send any that you have into school on Monday 7th June.

### Ampleforth Open Day

Ampleforth College will be holding an on site Open Morning on Saturday 26th June. Details can be found on their website [www.ampleforthcollege.org.uk/college/open-days](http://www.ampleforthcollege.org.uk/college/open-days)

### Symptoms, Suspected Cases and Confirmed Cases of Covid at the start of the May Half Term Holiday

If your child develops symptoms or tests positive for covid at any time from the end of the day on Friday 28th May to the end of the day on Sunday 30th May you must inform us as soon as possible. The email address to do this is [covid@pickering-inf.n-yorks.sch.uk](mailto:covid@pickering-inf.n-yorks.sch.uk)

Reminders .....

**Monday 7th June** — School reopens at usual bubble start times

**Wednesday 9th June**— Basketball Club starts for Rabbits class

**Friday 11th June**—Football Club starts for Hedgehog class

Multi Skills Club starts for Squirrels class

***Your support for your child's education is crucial to their progress. Please let us know if there is any adjustments we need to make to help you support your child, for example: letters in large font; letters in different languages; wheelchair access; explaining things over the phone.***

*Spare newsletters are available in the rack outside the office, together with term time dates, holiday forms, uniform order forms*

Tel: 01751 472620 email: [admin@pickering--inf.n-yorks.sch.uk](mailto:admin@pickering--inf.n-yorks.sch.uk)

For attendance/absences - [admin2@pickering-inf.n-yorks.sch.uk](mailto:admin2@pickering-inf.n-yorks.sch.uk)

# Congratulations!

To our children who have achieved  
**100%** attendance during this half term

Isabella C

Phoebe

Hope

William H

Alice M

Chloe

Owen

Florence B

Ellie C

Olivia C

Lincoln

Alfie H

Daniel

Lilly K

Ruby

Rose N

Benjamin

Hayden

Lilli D

Teddie

Scarlett M

Millie

Eleanor

Lily B

Georgia

Isla

Sam

Leon

Rosie

Igor

Jacob P

Georgina

Imogen

Emily

Evan

Charlie C

Ralph

Scarlett H

Leo P

Eva

Evie W

Tilly

Hanna